



GREEN PARK LUTHERAN SCHOOL

Faithfully Equipping the Next Generation

January 27, 2012 ~ Volume 51 ~ Number 19

“Rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.” Colossians 2:7

FROM THE PRINCIPAL

Dear Parents,

From time-to-time I share some thoughts for you to consider about parenting and raising children in the 21st century. We are so fortunate to have the services of Mrs. Cheryl Thompson as our school counselor from Lutheran Family and Children's Services of Missouri. She shared this note with me and I thought it was worth sharing with our families. I encourage you to consider the suggestions mentioned in this note and put them to use with your family.

Blessings,
Gary Spieler

Quality Family Life in 2012

January is International Quality of Life Month. A New Year is a great time to look at Quality of Family Life. During chapel on January 4th Mr. Meyer, DCE from Christ Memorial, told GP students that one of the top New Year's Resolutions was 'Spend more time with family and friends.' When fulfilled this definitely enhances quality of family life.

New Year's Resolutions are often made by individuals. However it also takes support from and accountability to others to help fulfill those resolutions. Support and accountability within families improves family life.

Quality of Family Life: There are many demands on each individual in the family; demands on time, demands on tasks, demands on commitment and demands on responsibility. Is family life a priority as your day to day routine emerges for 2012? Parents may plan and make time for holiday celebrations, birthday parties and vacations but what about the week to week, day to day time spent with family?

Take time to set up family goals for the year along with specific objectives to fulfill those goals to enhance the quality of family life.

Here are some ideas for helping parents keep family life as a priority in 2012:

- Eat more meals together** as a family each week. This means sitting down to the table and turning off the phones, computers, and TV's.
- Volunteer together** as a family. It can be a project that allows participation all year or different projects each month.
- Start off each day right**- with prayer, devotion or sharing a favorite inspirational quote for the day. A morning family ritual provides support for members as they go about their day. This takes less time than families realize. It is being able to all stop and do it at the same time that can be the challenge.
- Reflect on times when you had a 'good talk' with your child.** What was happening at the time? Or not happening? Think about these activities and purposefully schedule them more often.
- Give children the responsibility to learn something new** and share it with the family. The child becomes the expert for the hour. You will gain great insights into their world with this activity.
- Try to refer to the family as 'we'** as often as you can. 'We' applies to a single parent, divorced parent, step-parent, married parent, etc. When children live in two households you can emphasize the 'we' to help them more fully integrate into each household. 'We' will sometimes apply to both households, sometimes to one but it should help lessen the 'me' when talking about quality of family life.

Putting Family Life as a priority means making time each day for loving activities and each week for growth opportunities. Remember to keep the goals and objectives to a manageable number. The list can be reviewed and changed throughout the year.

Cheryl Thompson
LFCS School Counselor

MARKET DAY

Market Day pick-up is Tuesday, January 31, from 3:00-4:00 pm in Room #201 in the Elementary Wing. If you have any questions regarding Market Day, please contact Debbie Wolf at 772-1640 or Cynthia Truemper at 845-1888.

WILL YOU BE MY VALENTINE?

Wish everyone you know a "Happy Valentine's Day" with a Valentine Gram! Valentine Grams (\$.50) each, will be sold February 6-10, in the gym before school. You can write a message to the lucky recipient and we'll attach your choice of a special treat (stickers or fruit roll-ups!) All proceeds will benefit the Auction Fund!

FEBRUARY LUNCH MENU

The February Hot Lunch Menu is included with this week's Green Sheet and is also available on our website!

OPEN HOUSE INFORMATION

LESA (Lutheran Elementary School Association of St. Louis www.lesastl.org) is promoting an all-schools open house Sunday, February 12. Green Park will open our doors from 1:00-3:00 pm that afternoon for prospective families. If someone you know is considering Christian education, please invite them to visit! For more information contact: Katy Schmitt, Admissions, katy.schmitt@greenparklutheranschool.org or call the school office.

EAT AT CHEVYS - FEBRUARY 21

Our February Eat & Earn is Wednesday 2/21, at Chevys, 12466 Tesson Ferry Road in South County. Present the attached flyer from 4:00-10:00 p.m. and Chevys will donate 15% of the total food sales generated by our supporters to Green Park! Invite your family, friends and neighbors and we raise money for our school! We hope to see you there!

AUCTION UPDATES!

We're getting close! There are great items still coming in. We can still use a few more bottles of wine - please consider donating! Did you hear? We got an adorable puppy! Keep those reservations coming - we hope you will join us for this special evening! Be sure to check out our website for a sampling of items to be auctioned, including Cardinals and Blues tickets! You can check your calendars for ticket dates available. Next meeting - Monday, January 30 at 7:00 p.m. We will be making baskets during the meeting and last minute organizing for the night of the auction. If you would like to volunteer to work during the auction please contact April Baese at april.baese@greenparklutheranschool.org. We can put you to work while you shop!

ANDREW TORBECK - KIWANIS STUDENT OF THE MONTH

Congratulations to Andrew Torbeck! Andrew received the South County Kiwanis Student of the Month for January. Eighth grade students are selected based on their high academic and moral standing, participation in school activities and community involvement. Andrew was recognized at a luncheon this past Wednesday, January 18 at Ponderosa Steakhouse. Andrew received a Certificate and a \$50 Savings Bond! Way to go Andrew - we are proud of you!

VIKING BASKETBALL REMINDER

5/6 Basketball

Teams are now practicing for their season start in February! Reminder to parents: please pay the athletic fee and complete forms so your player can participate in the game. Sign ups for the tournaments will be at the meeting.

SCRIP NEWS

Upcoming Scrip Order Dates: Friday, 2/3 - Delivery: 2/10.
Friday, 2/24 - Delivery: 3/2

A scrip order form is included with the Green Sheet this week.

A reminder that once the remaining inventory of Wal-mart cards in the school office is sold, they will only be available to order through Great Lakes Scrip.

Profit balance sheets through 12/31/11 (with a balance of \$10 or more) were sent home last week with the oldest child. If you have any questions regarding your Scrip Balance, please e-mail Sara at sara.hopfer@att.net.

NO SCHOOL FEBRUARY 17 & 20

School will not be in session Friday, February 17 and Monday, February 20. Friday our teachers will be attending the Lutheran Elementary School Association In-Service, and Monday is the observance of President's day! Enjoy the extended weekend with your family!

EAST AFRICA DROUGHT - CAN YOU HELP?

East Africa is suffering the worst drought in 60 years. More than 11 million people are suffering with widespread food shortages. January and February chapel offerings will be going to Lutheran World Relief to help. Checks may be made to LCMS World Relief and Human Care.

GETHEMANE PORK SAUSAGE DINNER

Come join us for our 58th Annual Pork Sausage Supper Sunday, February 12, from 11:30 a.m. to 3:00 p.m. at Gethsemane Lutheran Church. All you can eat Pork Sausage or Roast Beef meal! Ticket prices are \$8.50 in advance or \$9.00 for adults and \$4.00 for children ages 5-12 (children 4 and under free). To purchase advance tickets, please contact Beth Berner at beth.berner@lhm.org or bernerbk@sbcglobal.net. We hope you will join us!

DRESS CODE REMINDER FOR 2012-2013 SCHOOL YEAR

Just a reminder as we look ahead to next year that embroidered polo shirts will be required for all students. We will be in touch with you regarding spring dates for uniform fitting days on campus.

PANCAKE BREAKFAST AT PEACE

Boy Scout Troop 584 from Peace will be hosting a Free Will Pancake Breakfast in conjunction with Scout Sunday, February 5, from 7:00 to 10:00 a.m. Pancakes, sausage, coffee, juice and milk will be served! All proceeds will benefit the purchase of a new scouting trailer. We hope you will join us!

LHSS/LHSN BASKETBALL AT MARYVILLE UNIVERSITY

Join us for a day of basketball competition and family fun at the annual "Sem Games," Saturday, February 4, featuring both the girls' and boys' basketball teams from Lutheran South and North! Five games will be played at Maryville University with the Freshmen boys' beginning at 12:30 p.m. and ending with the Varsity boys' game at 7:00 p.m. Admission is \$4 adults, \$3 students, and children 5 and under free. Students in K-8 wearing their school logo apparel will be admitted free! Alumni can enjoy a hospitality room throughout the games. For more information, contact LHSS at 631-1400.

FITNESS FIRST FRIDAYS AT THE MAGIC HOUSE!

Children can earn FREE admission and take the first step toward a healthy lifestyle at Fitness First Fridays on the first Friday evening of every month from 5:30 to 9:00 pm. Families can stretch their muscles and their minds as they take the 1,000 step circuit through the museum touring hundreds of fun, educational exhibits and looking for "Fit Facts" filled with useful health and nutrition information. Each month will feature a different fitness theme as well as special guests and activities to get families energized about getting fit. Check out www.magichouse.org to complete the monthly challenge sheet in order to receive free admission. February's theme is "Loving our Heart".

WHAT'S FOR LUNCH?

1/30	Chicken Noodle Soup w/Toasted Cheese Sandwich or Hot Dog, Baked Cheetos and Peaches
1/31	Chicken Strips or BBQ Rib Sandwich, Green Beans and Yogurt
2/1	Chicken Patty on Bun or Toasted Ham & Cheese Sandwich, Corn and Pears
2/2	Macho Nachos or Soft Pretzel w/Cheese, Peas and Pineapple
2/3	Tony's Pepperoni Pizza or Salisbury Steak w/Gravy, Roll, Green Beans and Mixed Fruit

SCHOOL CALENDAR

2/1	8:30 a.m. Faith Families
2/3	Mid-Quarter 3
2/6	7:00 p.m. PTO/Auction Meeting
2/8	8:30 a.m. Chapel
2/10	11:30 a.m. Early Dismissal
	6:00 p.m. Rooted in Faith - Auction @ Royale Orleans
2/12	1:00-3:00 p.m. Open House
2/14	7:00 p.m. School Board Meeting
2/15	8:30 a.m. Chapel
	Logo Shirt Day
2/17	NO SCHOOL - LESA Teacher In-Service Day
2/20	NO SCHOOL - President's Day
2/21	4:00-10:00 p.m. Eat & Earn @ Chevy's Fresh-Mex
2/22	8:30 a.m. Chapel
2/24	Spirit Day
2/28	7:30 p.m. Winter Fine Arts Concert
2/29	8:30 Chapel - February Character Trait Awards

ATHLETIC CALENDAR

Viking Boys (A1) Basketball 7-8th

1/31	Practice	Gethsemane	3:30-5:00
2/2	City Playoff Game @	Lutheran-St. Charles	
2/3	Practice	Gethsemane	3:30-5:00
2/4	City Playoff Game @	Lutheran-St. Charles	

Viking Girls Basketball 5-6th

1/30	Practice	Green Park	5:00-6:30
1/31	Practice	Green Park	5:00-6:30
2/2	Game @	Messiah, Weldon Spring	5:30
2/6	Practice	Green Park	5:00-6:30
2/7	Game	@ St. Paul's	5:15
2/9	Game @	Good Shepherd, Collinsville	5:30
2/13	Practice	Green Park	5:00-6:30

Viking (B1) Boys Basketball 5-6th

1/30	Practice	Peace	5:00-7:00
2/2	Game @	Messiah, Weldon Spring	4:30
2/3	Practice	Peace	5:00-7:00
2/6	Practice	Peace	5:00-6:30
2/7	Game	vs. Abiding Savior	4:15
2/9	Game	vs. Zion-Belleville	6:00
2/13	Practice	Peace	5:00-6:30

Viking (B2) Boys Basketball 5-6th

1/30	Practice	Green Park	3:30-5:00
1/31	Practice	Green Park	3:30-5:00
2/2	Practice	Green Park	3:30-5:00
2/6	Practice	Green Park	3:30-5:00
2/7	Game	@ St. Paul's	4:15
2/9	Game @	Good Shepherd, Collinsville	6:30
2/13	Practice	Green Park	3:30-5:00